

CATERING BY
au bon pain[®]
THE BAKERY CAFÉ



fresh. delicious. delivered.

1-800-765-4227

www.aubonpain.com

lunch boxes

SANDWICH LUNCH BOX

signature sandwich or wrap, served with potato chips & a freshly baked cookie or whole fruit

- sandwiches (480-770 Cal)
- wraps (580-680 Cal)
- potato chips (180-220 Cal)
- freshly baked cookies (290-590 Cal)
- whole fruit (120 Cal)

DELUXE SANDWICH LUNCH BOX

signature sandwich or wrap, served with side garden or side caesar salad, potato chips & a freshly baked cookie or whole fruit

- sandwiches (480-770 Cal)
- wraps (580-680 Cal)
- side garden or caesar salad (30/110 Cal)
- potato chips (180-220 Cal)
- freshly baked cookies (290-590 Cal)
- whole fruit (120 Cal)

DELI SANDWICH LUNCH BOX

your choice of turkey, ham, chicken salad or tuna salad sandwich on rustic baguette with lettuce & tomato or a mediterranean wrap served with potato chips & a freshly baked chocolate chip cookie or whole fruit

- sandwiches (330-440 Cal)
- wrap (660 Cal)
- potato chips (180-220 Cal)
- chocolate chip cookie (370 Cal)
- whole fruit (120 Cal)

SALAD LUNCH BOX

entrée salad served with rustic bread and a freshly baked cookie or whole fruit

- salad (30-350 Cal)
- rustic bread (170 Cal)
- whole fruit (120 Cal)
- freshly baked cookies (290-590 Cal)



bon to go

✓ HUMMUS & PRETZEL CRACKERS (300 Cal)

hummus, cucumber & pretzel crisps

✓ CHEESE & FRUIT (390 Cal)

NY cheddar, apple, grapes & crackers

✓ FRUIT, EGG & NUTS (500 Cal)

hard boiled egg, apple, grapes, NY cheddar & mixed nuts

lunch for the group

DELUXE LUNCH

a selection of our signature sandwiches and wraps paired with a fresh salad, potato chips and freshly baked cookies

- sandwiches (480-770 Cal) and wraps (590-680 Cal)
- garden or caesar salad (250/650 Cal)
- potato chips (180-220 Cal)
- freshly baked cookies (290-590 Cal)

CLASSIC LUNCH

a variety of our signature sandwiches and wraps served with potato chips & freshly baked cookies

- sandwiches (480-770 Cal)
- wraps (580-680 Cal)
- potato chips (180-220 Cal)
- freshly baked cookies (290-590 Cal)

ABP SIGNATURE SANDWICH TRAY

select from our extensive list of signature sandwiches served on freshly baked breads (country white, ciabatta, rustic baguette, multigrain baguette) & wraps

- sandwiches (480-770 Cal)
- wraps (580-680 Cal)

add a side to your lunch box!

- medium fruit cup (70 Cal) add \$2.99
- KIND® bar (190/200 Cal) add \$3.19
- marshmallow bar (230 Cal) add \$3.09

entrée salads

individual salads

V GARDEN SALAD (60 Cal)

romaine & field greens, grape tomatoes, shredded carrots, cucumbers & red onions

· with chicken (160 Cal)

V CAESAR ASIAGO (160 Cal)

romaine, housemade croutons & asiago cheese

· with chicken (260 Cal)

V MEDITERRANEAN SALAD (350 Cal)

romaine & field greens, hummus, fresh avocado, kalamata olives, feta, grape tomatoes, red bell peppers & cucumbers

· with chicken (350 Cal)

CHICKEN COBB AVOCADO (430 Cal)

chicken, romaine & field greens, fresh avocado, hardwood smoked bacon, gorgonzola, hard boiled egg, grape tomatoes & cucumbers

SOUTHWEST CHICKEN (310 Cal)

marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers & grape tomatoes

salads for the group

V GARDEN SALAD (250 Cal per bowl)

romaine & field greens, grape tomatoes, shredded carrots, cucumbers & red onions

· with chicken (640 Cal per bowl)

V CAESAR ASIAGO (650 Cal per bowl)

romaine, housemade croutons & asiago cheese

· with chicken (1040 Cal per bowl)

V MEDITERRANEAN SALAD (1400 Cal per bowl)

romaine & field greens, hummus, fresh avocado, kalamata olives, feta, grape tomatoes, red bell peppers & cucumbers

· with chicken (1790 Cal per bowl)

CHICKEN COBB AVOCADO (1750 Cal per bowl)

chicken, romaine & field greens, fresh avocado, hardwood smoked bacon, gorgonzola, hard boiled egg, grape tomatoes & cucumbers

SOUTHWEST CHICKEN (1220 Cal per bowl)

marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers & grape tomatoes

FRESH FRUIT SALAD BOWL

small **(860 Cal)**

large **(1440 Cal)**

All salads served with assorted dressings: green goddess (200 Cal), balsamic vinaigrette (100 Cal), caesar (220 Cal), ranch (190 Cal)



2000 calories a day is used for general nutrition advice, but calorie needs vary.

signature sandwiches

HAM & TWO CHEESE (610 Cal)

on multigrain baguette – with cheddar & Swiss cheeses, arugula, tomatoes & dijonnaise

ABP ORIGINAL CHICKEN SALAD (490 Cal)

on croissant – with chicken, cranberries and toasted almonds mixed with mayo, tomatoes & field greens

TURKEY CLUB (580 Cal)

on country white – with NY cheddar, hardwood smoked bacon, tomatoes, field greens & mayo

V CAPRESE (620 Cal)

on ciabatta – with fresh mozzarella, tomatoes, arugula & pesto
· with chicken (710 Cal)

V CHIPOTLE BLACK BEAN & AVOCADO (740 Cal)

on ciabatta – with NY cheddar, fresh avocado, red onions, tomatoes & chipotle mayo

CHIPOTLE TURKEY & AVOCADO (770 Cal)

on ciabatta - with fresh avocado, NY cheddar, tomato basil bruschetta, arugula & chipotle mayo

CHICKEN & AVOCADO (640 Cal)

on semolina – with fresh avocado, hardwood smoked bacon, tomatoes, field greens & basil aioli

CLASSIC TUNA SALAD (480 Cal)

on croissant – with tuna and ABP signature herb blend mixed with mayo, tomatoes, field greens & red onions

EXTRA BACON BLT (600 Cal)

on rustic baguette - with 6 slices of hardwood smoked bacon, tomatoes, field greens & mayo



wraps

TURKEY COBB WRAP (680 Cal)

with fresh avocado, gorgonzola, hard boiled egg, hardwood smoked bacon, cucumbers, tomatoes, field greens & caesar dressing in a whole wheat wrap

CHICKEN CAESAR (610 Cal)

with asiago cheese, romaine & caesar dressing

V MEDITERRANEAN WRAP (660 Cal)

with hummus, fresh avocado, kalamata olives, feta, tomatoes, red bell peppers, cucumbers, romaine, field greens & lemon vinaigrette in a whole wheat wrap

NAPA CHICKEN WITH AVOCADO (580 Cal)

with fresh avocado, tomatoes, cucumbers, romaine, basil aioli & lemon vinaigrette

THAI CHICKEN WRAP (590 Cal)

with tomatoes, cucumbers, carrots, crispy wontons, romaine, field greens & thai dressing

INDIVIDUAL BAGS OF CHIPS

- Cape Cod Original Potato Chips (220 Cal)
- Cape Cod Barbeque Chips (180 Cal)
- Cape Cod Salt & Vinegar Chips (220 Cal)
- Original Sun Chips (210 Cal)

Selections may vary by location.

Not all items available in all markets.

Before placing your order, please inform an Au Bon Pain representative if a person in your party has a food allergy.

2000 calories a day is used for general nutrition advice, but calorie needs vary.

turkey and chicken.
no antibiotics. ever.

sweets

MINI CHOCOLATE CHIP COOKIE SLEEVE (560 Cal)

6 count mini chocolate chip cookies

MINI OATMEAL RAISIN COOKIE SLEEVE (440 Cal)

6 count mini oatmeal raisin cookies

BROWNIE BITES (640 Cal)

DOUBLE CHOCOLATE BROWNIE (500 Cal)

LEMON POUND CAKE (470 Cal)

MARBLE POUND CAKE (430 Cal)

ABP MINI BITES (2270 Cal)

an assortment of freshly baked mini chocolate chip and oatmeal raisin cookies served along with our brownie bites

COOKIE COLLECTION

a selection from our abundant list of freshly baked cookies: chocolate chip (370 Cal), oatmeal raisin (290 Cal), red velvet (560 Cal), sugar cookie (390 Cal)



make your own selections or allow us to send a variety of options.

drinks

CHILLED BEVERAGES

Nantucket Nectars: Apple (220 Cal), Orange Mango (240 Cal), Ocean Spray: Cranberry (200 Cal), Apple (210 Cal), Orange Juice (210 Cal), Snapple: Diet Peach Tea (10 Cal), Lemon Tea (150 Cal), Perrier (0 Cal) (ask for available flavors)

HALF GALLON ICED BEVERAGES

- lemonade (780 Cal)
- strawberry lemonade (780 Cal)
- unsweetened tea (20 Cal)
- iced coffee (40 Cal)

SOFT DRINKS (20 OZ)

- Pepsi (250 Cal)
- Diet Pepsi (0 Cal)
- Coke (240 Cal)
- Diet Coke (0 Cal)
- Sprite Zero (0 Cal)

BOTTLED WATER (20 OZ)

- Dasani Water (0 Cal)
- Aquafina Water (0 Cal)
- Poland Spring Water (0 Cal)

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Our catering cancellation policy:

24 hours notice required for cancellation on all orders.
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to order call **1-800-765-4227** or
order online at **catering.aubonpain.com**